

# Tonic Function Model of Rolf Movement: Study Group

A Six Day Course in Rolf Movement®

First Meeting: September 10-12 and 14-16, 2020

Holderness, NH

With Kevin Frank and Caryn McHose

\$900

**Tonic Function** is Godard's term for how gravity response is central to the physiological basis of structural integration; and, in fact, all matters regarding posture and coordination. Tonic function explains how and why structural integration exceeds the limits of conventional manual therapy--The body is a movement system founded on gravity response. The body has its own sub-cortical language; it's useful to learn to speak it. Tonic function posits structural integration as composed of five aspect of structure: physical structure, perceptual structure, coordinative structure, meaning structure, and expressive structure. Tonic function links physical stability and psychological stability; they are linked by the way gravity response informs the body's interest in security.

**Study group** is an opportunity for colleagues to engage in ongoing learning and is intended for those who have made a commitment to teaching and incorporating a tonic function approach to movement, into their lives and work. It's community interested in deepening the skills and embodiment that makes it possible to be an effective spokesperson for a complex but fascinating topic-- the art of using movement to evoke the goals of Rolf's work. Each meeting addresses challenges that each of us face in private practice and teaching classes, as one innovates the field of structural integration. The inspiration for a study group approach derives, in part, from groups Godard started in the US, Brazil, and Europe.

**Enrolment:** Priority will be given to practitioners/movement teachers who have previously taken this course or 12 days of tonic function centered Rolf Movement courses or by written permission of the instructor. Class size will be limited to 14.

**Venue** will be the Resources in Movement Studio in Holderness, NH. The studio is on the same property as a large summer cottage by the shore of White Oak Pond, in central New Hampshire.

**Registration:** Please contact instructor to indicate your intention to join. Then use the Rolf Institute's Canvas Registration system to register:

[https://mms.rolf.org/members/course\\_catalog\\_detail\\_ROLF.php?org\\_id=ROLF&eid=27394475](https://mms.rolf.org/members/course_catalog_detail_ROLF.php?org_id=ROLF&eid=27394475)

Kevin Frank can be contacted at [sparfilblock@gmail.com](mailto:sparfilblock@gmail.com) or by phone at 603 968 9585.

**Housing on site** is \$50 pp/pn in the cottage and \$30 pp/pn to tent on the property. For housing contact Kevin. There are private accommodations nearby.



Kevin Frank (Instructor) is a Certified Advanced Rolfer™, Rolf Movement® Practitioner and Rolf Movement® Instructor at RISI. He has worked with the Godard-derived Tonic Function Model since 1991 and has written on this topic from 1995 to the present. Kevin advocates for an “information system” view of structural integration to help bring this field of SI into congruence with modern understanding of motor control and perceptive/coordinative processes.



Caryn McHose (Assistant) is a Certified Advanced Rolfer™ and Rolf Movement® Practitioner, as well as a Somatic Experiencing® Practitioner and Certified Biodynamic Cranial Practitioner. She is the collaborator for *Bodystories*, *A Guide to Experiential Anatomy*, and *The Place of Dance*, by Andrea Olsen and is the co-author (with Kevin Frank) of *How Life Moves, Explorations in Meaning and Body Awareness*. Caryn has taught perceptual approaches to movement education for over 45 years.