

Coordination--Indicator of Integration:

Movements that Support and Confirm the Ten Series

A Six Day Course in Rolf Movement® Integration

Holderness, NH

June 22-28 2017 (June 25 day off)

Instructor: Kevin Frank

with Caryn McHose

Offered as Rolf Movement® CE and as Part of the Rolf Movement® Certification Series

What is integration through the lens of movement?

Integration is reliably demonstrated as coordination. We can make before and after tests for each session and help clients know, visually, conceptually and tangibly, what the point of each session is. Learning to see coordination grounds the idea of what it means to “see” as a somatic skill.

Coordination can't be faked. When we see a person push or reach, we see immediately if our work has integrated or not--if the spine and extremities speak to each other in nuanced harmony, or if the girdles dominate the movement. Each session has hallmarks of coordinative success and each one builds the basis for a successful series. A successful series is demonstrated by coordinative hallmarks as well.

Session Eight shows the usefulness of the approach: it allows us to test which girdle requires priority through Godard's “wall test.” How do we prepare for 8 while doing 1-7? This workshop will be specific on these points.

This workshop takes a Tonic Function view of the structural integration ten series and allow us to experience clarity in seeing, feeling, and evoking coordinative change. This permits fascial work to be appropriately tested for practical application to life. Perceptual and coordinative work supplements fascial work to bring alive normalized movement.

Tonic Function--using the body's gravity response system to access plasticity—and its application to movement analysis is central to theoretical basis of the workshop. Enjoying movement is a byproduct.

Cost: \$900.00

Location: Resources in Movement, Holderness, NH

Registration: Enroll online using the Rolf Institute's canvas catalog enrollment feature: <https://canvascatalog.rolf.org/browse/rmi/courses/rmc1-17>

Instructor Contact: Kevin Frank: 603 968 9585 and other information at sparfilblock@gmail.com
www.resourcesinmovement.com



Kevin Frank (Instructor) is a Certified Advanced Rolfer™, Rolf Movement® Practitioner and Rolf Movement® Instructor at RISI. He has worked with the Godard-derived Tonic Function Model since 1991 and has written on this topic from 1995 to the present. Kevin advocates for an “information system” view of structural integration to help bring this field of SI into congruence with modern understanding of motor control and perceptive/coordinative processes.



Caryn McHose (Assistant) is a Certified Rolfer™ and Rolf Movement® Practitioner, as well as a Somatic Experiencing® Practitioner and Certified Biodynamic Cranial Practitioner. She is the collaborator for *Bodystories, A Guide to Experiential Anatomy* and *The Place of Dance*, by Andrea Olsen and is the co-author (with Kevin Frank) of *How Life Moves, Explorations in Meaning and Body Awareness*.